

14-18 Weeks

Individual personality now becomes more apparent. May begin to smile at you as soon as he sees you. Coos, chuckles, gurgles, and bubbles. By the end of the fourth month, most infants have a real “belly laugh”.

Likes to look around at surroundings and may turn his head toward voices. Becomes more adept at focusing his eyes on brightly colored moving objects, but the adult face holds his interest more than anything else.

When lies on back, shows a preference for resting head on one side. If spends too much time on his back, he will often turn his head from side to side. The rubbing and pressure can produce a temporary “bald spot”.

Most are better able to control the muscles that support their arms and legs. Starts to reach for objects and his hands still may get in the way during feeding. Usually, if you dangle a ring in front of him, he becomes excited and moves his head, shoulders, and arms. This is the beginning of coordination between eyes and body movements. Fingers touch and play with each other. As learns to reach mouth with hands, he may begin finger sucking. When held upright, extends his legs and can partly hold himself up.

4 Months

Reaches for object, but can't quite get it

Pulls self to sitting

Likes to bathe if water is at just the right temperature

Holds a rattle

Laughs aloud, coos

Plays with/sucks fingers

Sits for a moment or so

Gradually sleeps less and less, exercises more and more

Looks around while feeding

May be fed from spoon or cup but loses half of the food

Affect

Vocalizes happily

Smiles at sight of a face

Seems to enjoy people

Vocalizations

Increased babbling and vocal play (repetitive series of syllables), mostly when alone

Accompanied by smiles, laughter, gurgles, etc.

Response to Sound

Localizes sound