

Readings

- The Surgeon General's Call to Action to Support Breastfeeding Fact Sheet
<http://www.surgeongeneral.gov/topics/breastfeeding/factsheet.html>
- American Academy of Pediatrics: Breastfeeding and the Use of Human Milk
<http://aappolicy.aappublications.org/cgi/content/full/pediatrics;115/2/496>
Scroll down to read the paragraph titled: "THE CHALLENGE" re: importance of exclusive breastfeeding for first six months of life.
- The White House Task Force on Childhood Obesity
www.aap.org/obesity/pdf/tfco_fullreport_may2010.pdf
Scroll down to read: B. Breastfeeding – Workplace and Child Care Accommodations (Pages 13-16)
- Reading Infant Cues
<http://nutrition.utk.edu/EarlySteps/user/Module-03.pdf>
Read pages 1-2
- 10 Ways to Create and Promote a Breastfeeding Friendly Environment in Your Center
<http://www.infanet.caahs.colostate.edu/breastmilk.htm>
- CDC Guidelines for Proper Handling and Storage of Human Milk
http://www.cdc.gov/breastfeeding/recommendations/handling_breastmilk.htm
- Supporting the Breastfeeding Mother: A Guide for the Child Care Center
(Texas Department of State Health Services)
<http://www.dshs.state.tx.us/wichd/bf/childcare.shtm>
Scroll down to find the reading. Slides 34 and 35 make great printable signs for posting in your child care program.
- Academy of Breastfeeding Medicine Protocol #8: Human Milk Storage Information
<http://www.bfmed.org/Resources/Protocols.aspx>
Scroll down to protocol #8: Human Milk Storage
- United States Breastfeeding Committee Publication: Breastfeeding and Child Care
<http://www.usbreastfeeding.org/LinkClick.aspx?link=Publications%2fChild-Care-2002-USBC.pdf&tabid=70&mid=388>
- Parents' Guide to Breastfeeding and Child Care Centers
<http://www.infanet.caahs.colostate.edu/breastmilk.htm>
Scroll down to the Parents' Guide to Breastfeeding and Child Care Centers link
- How to Support A Breastfeeding Mother – A Guide for the Child Care Center
<http://www.dhs.wisconsin.gov/health/Nutrition/Breastfeeding/childcare.ppt>
- Minnesota State Breastfeeding Laws
<http://mnbfc.files.wordpress.com/2010/11/breastfeeding-advocacy.pdf>

Resources

- <http://alphanom.com/>
- <http://www.bestforbabes.com/>
- <http://www.choosemyplate.gov/pregnancy-breastfeeding.html>
- <http://healthykidshealthyfuture.org/home/nutrition/infantfeeding.html>